

EDUCATIONAL VOCATIONAL GUIDANCE BUREAU,
DIRECTORATE OF EDUCATION, GNCT OF DELHI,
VIDYA SAMIKSHA KENDRA, BOULEVARD ROAD, DELHI – 110054

F. No. DE.(40)(20)(168)/EVGB/2021-22/469-478

Date: 25/09/2025

CIRCULAR

SUBJECT - STRENGTHENING PRAHARI ANTI-DRUG CLUBS IN ALL SCHOOLS

In continuation to the order No.F.42(15)/DE/PE& NI/Misc./2024-25/2264-74 dated 29/08/2025 on Formation of Anti-Drug Clubs named as " PRAHARI CLUB". The Council of Ministers GNCTD vide their decision No. 3213 dated 26.06.2025, has decided to constitute Anti- Drug Clubs named as " PRAHARI CLUB". The establishment of Prahari Clubs within schools is a crucial component of the Delhi government's multi-pronged approach to achieving a drug-free Delhi by 2027.

Conceptualized under the guidance of the National Commission for the Protection of Child Rights (NCPCR), the NCORD Committee, and the Directorate of Education, this club aims to foster drug-free educational environments, create safe spaces and foster a culture of student-led vigilance, awareness, and community engagement for preventive efforts against substance abuse.

Substance use among adolescents remains a critical public health issue, adversely impacting students' mental health, physical well-being, and academic outcomes. The United Nations Office on Drugs and Crime (UNODC) emphasizes the importance of a people-centred approach to drug policies, focusing on human rights, compassion, and evidence-based practices. **To address this, proactive intervention and prevention strategies at the school level are essential.**

Objectives of Anti-Drug Clubs named as "PRAHARI CLUB" inside the school:

1. **Raise awareness** on the personal, social, health, and legal impacts of substance abuse.
2. **Prohibit and report** the sale and use of drugs/substances in and around school campuses.
3. **Identify at-risk children** and link them with EVGCs and counselling support.
4. **Promote vigilance** among students through peer-led advocacy.

All the Heads of Schools of Govt., Govt-Aided & Recognized-Unaided Private Schools are directed to constitute the Prahari Clubs & strengthen the club with meaningful, age-appropriate awareness activities/ initiatives and submit the compliance report as per the timelines.

Refer to Order No.: No.F.42(15)/DE/PE& NI/Misc./2024-25/2264-74 dated 29/08/2025 on Formation of Anti-Drug Clubs named as " PRAHARI CLUB" for due diligence & compliance:

- COMPOSITION OF THE PRAHARI CLUBS
- PROCEDURE OF ELECTING/SELECTING OFFICE BEARERS
- REPORTING
- TIMELINES OF ACTIVITIES
- DISTRICT LEVEL SELECTION COMMITTEE FOR PRAHARI CLUBS AND RESPONSIBILITIES OF THE DISTRICT LEVEL SELECTION COMMITTEE
- STATE LEVEL SELECTION COMMITTEE FOR PRAHARI CLUBS AND RESPONSIBILITIES OF STATE LEVEL COMMITTEE:
- REWARDS - DISTRICT LEVEL AWARDS (FOR ANTI-DRUG CLUB) & STATE LEVEL AWARDS (FOR ANTI-DRUG CLUB)

ROLES AND RESPONSIBILITIES OF NODAL TEACHER INCHARGE:

- **Lead awareness campaigns** and engage in monthly calendar activities and innovate as per schools need (esply. in high risky schools)
- **Conduct random peer checks and bag checking by PETs** and intervene appropriately with the help of EVGCs.
- HOS to maintain a file of the cases of students identified and keep it confidential and share it with EVGCs / CICs/ Nodal Officer (EVGC) only. **(Annexure 3 & 4)** Maintain record of number of at-risk students identified and referred for counselling or intervention. School, where no EVGC is posted, the cases will be submitted to concerned CIC/Nodal Officer (EVGC).
- *At all levels - confidentiality and non-judgemental perspective to be maintained by all the stakeholder involved in matters related to safety and privacy of the children. However, care must be taken to prevent any stigma or discrimination of the child in school*

COMPLIANCE INSTRUCTIONS FOR SCHOOLS (ANNEXURES 5)

- Constitute PRAHARI Club as per Order mentioned above
- Reporting boxes installed in accessible locations.
- Display and Orientation of Manas Helpline Number **(Annexure 2)**
Submission of Compliance report as Formats enclose

- **The annual calendar demarcates the broad outline of the activities to be carried out in schools & in community** - preferable in zero periods, assembly, activity periods, bagless days, PTMs during school events, in order to avoid interference with core teaching-learning processes.

All schools to note the month-wise activity
MONTH-WISE ACTIVITY CALENDAR (2025-26)

MONTH	ACTIVITY	LEAD	REMARKS/OUTCOMES
Sept 2025	<p>Constitution of the Prahari Club Orientation meeting with Prahari Club Members;</p> <p><u>Prahari Club - Peer Mentor Program(Students) – Constitution</u></p> <ul style="list-style-type: none"> • Peer mentors trained for observation, empathy, and confidential reporting. • Weekly check-ins and reflection sessions. • Anonymous suggestion/reporting boxes in school. • Display of Tele Manas Helpline Number • Digital safety pledge campaigns 	<p>HoS + Nodal Teacher In-charge + PET + EVGCs / Teacher Counsellor + HWA (Health & Wellness Ambassador) Delhi Police + District CIC/Nodal Incharge</p>	<p>SENSITIZATION AND MANDATORY POINTS</p> <ul style="list-style-type: none"> • Active participation of members in orientation & sensitization. • At least 10 peer mentors trained per school. • Reporting boxes installed in accessible locations. • Manas Helpline visibility in 100% of school premises. (Manas Helpline Number (Annexure 2))

MONTH	ACTIVITY	LEAD	REMARKS/OUTCOMES
	SENSITIZATION OF STUDENTS, SMC MEMBERS + STAFF <ul style="list-style-type: none"> Classroom-based awareness sessions on addiction, the adolescent brain, and myths vs. facts about drugs. Recognize-and-Respond training for peer leaders and teachers to identify at-risk students. Weekly facts/messages shared in assembly or school WhatsApp group. 	HoS + Nodal Teacher In-charge + HWA (Health & Wellness Ambassador) + EVGC/ Teacher Counsellor+ PET + District CIC/ Nodal In-charge – to compile	ENGAGEMENT <ul style="list-style-type: none"> Cover 100% of classes in awareness sessions. Train at least 5 teachers and 10 peer leaders per school. Weekly messages reach 90% of school community. Organize a sensitization workshop for SMC members and parents
October – November 2025	ART-BASED & CREATIVE EXPRESSION <ul style="list-style-type: none"> Create graffiti walls with anti-drug messages. Organize short film competitions or storytelling circles on drug-free themes. Conduct digital parenting workshops focusing on peer influence and online safety. 	Students + Nodal Teacher In-charge + HWA (Health & Wellness Ambassador) + PET + Cultural Team + Art Teacher	PEER EXPRESSION <ul style="list-style-type: none"> Maximum student participation in creative activities. Minimum 3 short films or 5 stories to be submitted per school. Organize a parenting workshop
	LIFE SKILL WORKSHOP <ul style="list-style-type: none"> Creative Thinking + Problem Solving Refusal skills and assertiveness through role-play and case discussions Modules on decision-making, problem-solving, and emotional regulation. Incorporation into EVGC-led life skills sessions. 	EVGCs + HWA (Health & Wellness Ambassador)	<ul style="list-style-type: none"> Mapping by District CICs/ Nodal In-charges Material shared by EVGB to create standardized interventions in all schools
	EXPERT TALK <ul style="list-style-type: none"> Invite law enforcement or tobacco control officials for talks on legal and health impacts of drug use. Q&A sessions to engage students and clarify doubts. 	HoS + EVGB + ANTF / DELHI POLICE / PSYCHIATRIST/ CLINICAL PSYCHOLOGIST / PSYCHOLOGIST / SOCIAL WORKER	EXTERNAL EXPERTISE <ul style="list-style-type: none"> For all student to attend the talks. Document key takeaways for school records.
December 2025	AWARENESS RALLY <ul style="list-style-type: none"> Organize a rally in the school neighbourhood to promote anti-drug messages. Involve School Management Committee (SMC) and students in planning and execution. 	HoS + SMC + PET Students + Nodal Teacher In-charge + HWA (Health & Wellness Ambassador)	VISUAL IMPACT <ul style="list-style-type: none"> Minimum 100 participants in the rally. Local media coverage or social media posts for visibility.
January 2026	EXPRESSION DAY <ul style="list-style-type: none"> Collect student feedback through surveys or open forums. Organize slogan/poster competitions to amplify youth voices. Showcase student-led anti-drug campaigns. 	Nodal Teacher In-charge + Class Teachers + Students + ART Teacher	VOICE OF YOUTH <ul style="list-style-type: none"> Maximum student participation in competitions. Feedback from students for program evaluation.
February	IMPACT ANALYSIS & BEST	HoS + Club	REPORTS FROM

MONTH	ACTIVITY	LEAD	REMARKS/OUTCOMES
	PRACTICES <ul style="list-style-type: none"> Document best practices and analyse the impact of club activities. Prepare school-level reports highlighting successes and challenges. 	Incharges + Club Leaders + PET + EVGCs/ Teacher Counsellor	SCHOOL <ul style="list-style-type: none"> Reports submitted by schools to districts. Identify at least 3 best practices per school.
March	ANNUAL REPORT <ul style="list-style-type: none"> Compile annual reports summarizing activities and outcomes. Nominate schools for awards based on innovation and impact. 	Nodal Teacher In-charge+ PET District Incharges	EVALUATION <ul style="list-style-type: none"> submission of annual reports by schools to district
<p>NOTE:</p> <ul style="list-style-type: none"> Drug-Free School Policies: Establish clear drug-free school policies with consequences for violations. Communicate these policies to students and their families to ensure everyone is aware of the expectations and repercussions Parenting Workshop - Parental Education: Educate families by providing them with information on how to discuss substance abuse with their children and recognize warning signs. Engage parents through workshops and informational sessions Annual Report Submission to District DDEs (ANNEXURES 6): All reports should include: <ul style="list-style-type: none"> Activity title, date, participants Photos (JPEG, max 20 MB/photo) Student feedback and EVGC input Certification by Teacher-in-Charge and HoS 			

ADHERING TO THE REPORTING AND DOCUMENTATION AS PER ORDER

QUARTER	REPORTING PERIOD	DEADLINE	REPORT SUBMISSION
I & II	Jul – Sep	25/09/2025	<ul style="list-style-type: none"> Compliance Report As per Annexure 5 – School Level District will submit Compliance Report by to EVGB As per Annexure 1 - DISTRICT LEVEL – COMPLAINT FORMATS Report Submission as per Annexure 6
III	Oct – Dec	31/12/2025	Report Submission as per Annexure 6 & Further Format will be shared by EVGB
IV	Jan – Feb	20/02/2026	Further Format will be shared by EVGB

Children are the future of our country and looking forward to your cooperation and support in making our educational institutions free of tobacco, narcotics or alcohol abuse.

This circular must be disseminated to all concerned staff, students, and community stakeholders and implemented with utmost seriousness in Govt., Govt-Aided & Unaided Recognized Private Schools.

These efforts will give more strength to the awareness programs presently being carried out in all the schools against the harmful effects of tobacco use, alcohol and different forms of substance abuse.

This issues with the prior approval of the Competent Authority.

Encl. :- Formation of Anti-Drug Clubs named as " PRAHARI CLUB"

Order No.F.42(15)/DE/PE& NI/Misc./2024-25/2264-74 dated 29/08/2025

- ANNEXURE 1 - DISTRICT LEVEL - COMPLAINT FORMATS
- ANNEXURE 2 - MANAS HELPLINE - DISPLAY MATERIAL AND BROCHURE LINK
- ANNEXURE 3 - ASSESSMENT QUESTIONNAIRE FOR SUBSTANCE USE-
FOR TEACHERS - BY EVGB
- ANNEXURE 4 - SUBSTANCE USE COUNSELLING PROFORMA - BY EVGB
- ANNEXURE 5 - TEMPLATE FOR SCHOOL RECORD
- ANNEXURE 6 - BROAD OUTLINE FOR ACTIVITY RELATED
DATA COMPILATION AT SCHOOL LEVEL & DISTRICT LEVEL

Seema
(Seema Roy Chowdhury)
DDE (EVGB)

Date: 25.09.2025

F. No. DE.(40)(20)(168)/EVGB/2021-22/469-478

Copy forwarded to the following for information and necessary action

1. PS Secretary, Hon'ble CM, GNCT Delhi.
2. PS to Secretary, Hon'ble MoE.
3. PPS to Director (Education), Directorate of Education, GNCTD.
4. PS to Addl.DE (Admn/EVGB), Directorate of Education, GNCTD.
5. All DDE (District), Directorate of Education, GNCTD.
6. All HoS for Compliance
- 7 All CIC/Nodal Officer (EVGC) for Compliance
8. All EVGC for compliance
9. IT Branch to upload in MIS.
10. Guard File

Pramod
(Pramod)
OSD, (EVGB)

PRAHAR CLUB - Annexure 1 to 6

ANNEXURE 1 - DISTRICT LEVEL - COMPLAINT FORMATS

DISTRICT - SCHOOL WISE - TEACHER INCHARGE DETAILS

[illegible]

DISTRICT WISE - PRAHARI CLUB COMPLAINEE REPORT

[illegible]

DISTRICT WISE - SUGGESTION BOX & MANAS HELPLINE COMPLAINTS REPORT

[illegible]

ANNEXURE 2 - MANAS HELPLINE - DISPLAY MATERIAL AND BROCHURE LINK

<u>MANAS HELPLINE - DISPLAY MATERIAL AND BROCHURE LINK</u>		
MANAS HELPLINE - 1933 - POSTER	https://ncbmanas.gov.in/awareness	Schools are directed to go through the links and select the posters for display at different locations within school and outside schools
Brochure Manas-final - Eng - map	https://ncbmanas.gov.in/awareness	
Brochure Manas-final - Hindi - map	https://ncbmanas.gov.in/awareness	

ANNEXURE -3 - Substance Use - for Teachers - by EVGB

ASSESSMENT QUESTIONNAIRE FOR SUBSTANCE USE

(ONLY TO BE USED IN CASES OF REPORTED OR FOUND)

Demographic Profile

- Student ID -
- Class & Section -

Student Name -

Parent's Contact Number -

ASSESSMENT - TO BE FILLED BY TEACHERS

S.No.	Details	Response	
		Yes	No
1.	Whether student was/ is found or reported to be consuming some substance or found in possession of it.		
(a.)	Select the Type of Substance found with student or student using (Refer to Annexure A)		
	Any Other - specify:		

Sign & Symptoms <i>(However, these are only indicative in nature, nowhere it implies that child is using drugs or label a child for drug use. Additional effort should be put to ascertain child's vulnerabilities and timely intervention for prevention)</i>		
Behavioural or Mood Changes		
1.	सांसोंकीदुर्गंधकोछुपानेकेलिएचिंगमयामिनटकाउपयोगकरना। Students consumes chewing or mouth freshener to hide the foul smell of the substance consumed by them	Yes No
2.	Students often Lies/ steals/ gets into fight easily	Yes No
3.	Student sleeps in class (unusual pattern)	Yes No
Physical Appearance and Hygiene		
1.	बाजूपरकटयाइंजेक्शनकानिशानहोना (गर्मीमेंलंबीबाजूकेकपड़ेपहनना)। Swelling or purple bruises mark on hands or they wear or tries to cover inappropriate with season	Yes No
2.	कक्षामेंकोईकपड़ाबार-बारमुंहपररखना। Students keeps the mouth cover or at times sucking cloth/ hankerchief (oral)	Yes No
Other related question		
1.	Have you referred the case to the EVGC	Yes No
2.	अन्यकोईटिप्पणी।(Any other remarks) -	

Class Teacher Name & Sign -

Class Teacher Employee ID -

Class Teacher Contact Details -

HOS and Teachers to maintain confidentiality and non-judgemental attitude while assessing the students and no data of the student to be disclosed by school at any one other than school EVGCs/ COUNSELLOR INCHARGES/ NODAL @ District Level

ANNEXURE A - INDICATIVE LIST OF SUBSTANCE/ DRUGS

TYPE OF SUBSTANCE	REMARKS
<ul style="list-style-type: none"> Tobacco products (cigarettes, chewing tobacco, wape, e-cigraettes, cigars, etc. LOCAL NAMES - Bidi, shesha, zarda, kheni, ghtukha, tambaku, gutkha, gul, wape, e-cig., surti, supari, etc 	
<ul style="list-style-type: none"> Alcoholic beverages (liquor, beer, wine, spirits, etc. - Whishky, Vodka, Rum, Gin, Brandy, Desi sharab) 	
<ul style="list-style-type: none"> Cannabis (marijuana, pot, grass, hash, etc. (Local Names - Bhang, weed, kala maal, sufa, bhola, bhang patte/ bhang paste) 	
<ul style="list-style-type: none"> Cocaine (coke, crack, etc.) 	
<ul style="list-style-type: none"> Amphetamine-type stimulants (speed, meth, ecstasy, etc.) 	
<ul style="list-style-type: none"> Inhalants (nitrous, glue, petrol, paint thinner, etc. - LOCAL NAMES - paint thinner, paint remover, correction fluid, adhesive, petrol, other) 	
<ul style="list-style-type: none"> Sedatives and sleeping pills (diazepam, alprazolam, flunitrazepam, midazolam, etc.) 	
<ul style="list-style-type: none"> Hallucinogens (LSD, acid, mushrooms, trips, ketamine, etc.) 	
<ul style="list-style-type: none"> Opioids (heroin, morphine, methadone, buprenorphine, codeine, etc. (Local Names - Afeem, Doda, Opium, herione) 	

ANNEXURE 4 - SUBSTANCE USE COUNSELLING PROFORMA (FOR EVGC ONLY)

Student Information

Name: _____

Age: _____

Grade/Class: _____

School ID: _____

Date: _____

Contact Information

Parent/Guardian Name: _____

Phone Number: _____

Emergency Contact: _____

Understanding Triggers/ Precipitating factor:

Reason/ chief concerns: _____

SUBSTANCE USE HISTORY:

Substances Used: (List the substances) - _____

Frequency and Quantity - _____

Duration of Use - _____

Last Use: _____

Do you have consumed the substance use specified above

- You have not consumed in past 3 months
- Sometimes, in these past 3 months
- Sometimes in past one month
- Sometimes in one week
- In past week - usually daily or skipped for one or two days

Problems faced when you consumed the substance specified (*like* - health wise, relationship, financially, or in school or anywhere else you effect)

- Not in past 3 months
- At times in past 3 months
- Sometimes in past one month
- Sometimes in past week
- Daily or at times daily

SCALE -

HOW IMPORTANT DO YOU FEEL TO QUIT/ LEAVE THE SUBSTANCE YOU USE?

1	2	3	4	5	6	7	8	9	10
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(1 = NOT SIGNIFICANT TO LEAVE 10 - FEELS SIGNIFICANT TO LEAVE IT)

DO YOU FEEL CONFIDENT AND TRUST YOURSELF TO LEAVE OR LESSEN THE INTAKE OF THE SUBSTANCE

1	2	3	4	5	6	7	8	9	10
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(1 = NOT SIGNIFICANT TO LEAVE 10 - FEELS SIGNIFICANT TO LEAVE IT)

HOW MUCH WILLINGNESS/READY ARE YOU TO LEAVE THE SUBSTANCE YOU ARE TAKING

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

(1 = NOT SIGNIFICANT TO LEAVE 10 - FEELS SIGNIFICANT TO LEAVE IT)

ASSESSMENT OF STAGES OF CHANGE BY THE INTERVIEWER/ STUDENTS /CLIENT

- PRECONTEMPLATION
- CONTEMPLATION
- PREPARATION
- ACTION
- MAINTENANCE

HAS ANYONE IN YOUR ACQUAINTANCE (FRIEND, FAMILY, PARENTS, GUARDIAN) ARE WORRIED OR EXPRESSED THEIR CONCERN TO YOU ABOUT YOU INDULGING OR TAKING THE SUBSTANCE? IF YES, WHETHER THIS HAPPENED IN THESE PAST 3 MONTHS OR PREVIOUS TO THAT

<u>BEHAVIOURAL INDICATORS:</u>	<u>PSYCHOSOCIAL ASSESSMENT:</u>
Changes in academic performance: Yes / No Changes in behaviour: Yes / No Absenteeism: Yes / No Health issues: Yes / No	Family history of substance use: Yes / No Peer influence: _____ Stressors (academic, social, family): _____ Mental health concerns: _____

COUNSELLING SESSIONS

Session Details:

Session Date: _____

Duration: _____

Counselling Session Details -

SHORT-TERM GOALS: _____

LONG-TERM GOALS: _____

Interventions Used:

Motivational Interviewing: Yes / No

Explore Ambivalence:

Develop Discrepancy

Negotiate a Plan:

Cognitive Behavioural Therapy or any other: Yes / No

Psychoeducation: Yes / No

Family Counselling: Yes / No

Other: _____

INTERVENTION FOR NON-USER OR EVER-USER

(TICK, IF DONE)

NON-USER

- Appreciating the child for not taking the substance
- Informing about the harmful effects of substance

EVER USE

- Normative Belief
- Drug Education
- Drug Refusal
- Handling High Risk Situations

STUDENT'S PROGRESS:

Changes in substance use behaviour: Yes / No

Improvement in academic performance: Yes / No

Enhanced coping strategies: Yes / No

Better family relationships: Yes / No

FOLLOW-UP AND MONITORING

Next Appointment:

Date: _____

Time: _____

Follow-Up Actions:

Regular check-ins: Yes / No

Referral to external services: Yes / No

Additional support needed: _____

Parental/Guardian Involvement:

Parental sessions attended: Yes / No

Parental support at home: _____

Feedback from parents: _____

ANNEXURE 5 - TEMPLATE FOR SCHOOL

COMPLAINT REPORT - To Be Submitted To respective Zones/ District

SCHOOL LEVEL TEMPLATE - PRAHARI CLUBS CONSTITUTION NUMBER

School ID	School Name	Type of Schools - • <u>DOE Govt.</u> , • <u>Govt-Aided</u> , • <u>Unaided</u> <u>Recognized</u> <u>Private Schools</u>	Prahari Club Formed YES /NO	Prahari Club Nodal Teacher Incharge - Name	Nodal Teacher Incharge Designation	Nodal Teacher Incharge Contact Details	Total No. Of Office Bearers selected in the Club	Total No. Of Students selected in the Club

SCHOOL LEVEL TEMPLATE - INSTALLATION OF SUGGESTION BOX & DISPLAY OF MANAS HELPLINE

School ID	School Name	Type of Schools - <u>DOE Govt.</u> , <u>Govt-Aided</u> , <u>Recognized</u> , <u>Unaided</u> <u>Recognized Private Schools</u>	Awareness Drive for Students about Suggest Box and Manas Helpline		Suggestion Boxes Installed (Yes / No)	Manas Helpline display in schools & outside school (Yes / No)
			Total No. of Students in Schools	Total No. of Students in Sensitized		

ANNEXURE 6 - BROAD OUTLINE FOR ACTIVITY RELATED DATA COMPILATION AT SCHOOL LEVEL & DISTRICT LEVEL

TEMPLATE FOR DISTRICT SUBMISSION TO EVGB

(Note: Further, Formats aligning with Drug Free Delhi initiatives would be shared by EVGB)

[illegible][illegible]